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Have you ever struggled with discipline? Not the discipline of others, but controlling your own thoughts and actions?

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~~YouDay: Self-discipline will keep your ship from sinking~~

So, the key is to be direct about why you're reaching ... it just won't work because it takes effort and self-discipline to take the actions required. However, when you go all in and surrender ...

~~How to Stop the Ticking Time Bomb on Your Most Destructive Behavior~~

The self-watch is an aspect of the discipline of circumspection (Ephesians ... us out of darkness into His glorious light (1 Peter 2:9,10). We cannot fulfill this calling without a diligent ...

~~The Discipline of the Self-Watch~~

The authors note that the kinds of achievements that conscientious players seem to prefer require patience and self-discipline ... on Behavior and Society, 9(6), 772–775. <https://doi.org> ...

~~Psychology Today~~

Daniel, a 35-year-old mother of four, didn't even know the tax credit existed until President Joe Biden expanded it for one year as part of the \$1.9 trillion coronavirus relief ... which will average ...

~~Money in the bank: Child tax credit dollars head to parents~~

He is behind a new study that addresses gender differences in key motivating factors for ... We

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looked at gender differences around passion, self-discipline and positive attitude." ...

~~Dopamine may help explain the gender differences in key motivating factors and autism~~
North Korea's official newspaper on Monday urged officials to strengthen discipline in executing the ... his officials for their "passive and self-protecting tendencies" in setting economic ...

~~NK calls for strengthened discipline ahead of key party meeting~~

A key question is whether the downward trend will continue ... That requires creativity, problem-solving, insight, self-discipline and teamwork — which are not necessarily taught in schools or gauged ...

~~Has the Pandemic Put an End to the SAT and ACT?~~

Whether you're a nighttime runner, college student or a night shift worker, you may feel the need to be able to defend yourself at a moment's notice (especially following the recent report that ...

~~The Best Self-Defense Keychains for Staying Safe in Any Situation~~

Recently, an advert was shared calling for young boys and girls of above 9 years to train ... and adults to learn discipline through taekwondo as an exercise and a form of self-defence.

~~Self-discipline through martial arts: Taekwondo~~

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Though vulnerability is uncomfortable, and has even traditionally been viewed as a weakness, Brown has found through research that vulnerability is the key to achieving great things in life

...

~~The 8 Best Self-Help Books of 2021~~

educated them with scientific theories and regulated their behavior with strict discipline. Since the 18th CPC National Congress in 2012, the CPC Central Committee with Comrade Xi Jinping at the core ...

~~Explainer: How CPC maintains vitality through self-reform~~

and drives home the point that social norms and socialization reinforce rather than displace appeals to MPs' self-interest. Review of the hardback: 'Party discipline is a key element in Westminster ...

~~Party Discipline and Parliamentary Politics~~

Ukah noted that it was not only through flogging or cutting of grass that discipline could be instilled ... TO READ MORE SHOCKING LIFE STORY!!! AFTER 9 YEARS OF SUFFERING FROM PREMATURE ...

~~Mentor students, Delta SSG advises alumni~~

Global “ Self-Retaining Retractors Market ” report covering growth prospects, market development potential, profitability, supply, demand and other important subjects. The report

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presented here comes ...

~~Self-Retaining Retractors Market Report 2021: Global Industry Share, CAGR, Trends, Opportunities, Revenue, Gross Margin and Forecast to 2027~~

Those are moments we're going to remember forever." The Lightning has a slim lead in goals in the series, outscoring the Islanders 9-8. For Tampa coach Jon Cooper, the math is simple.

~~Discipline continues to evolve as key factor for Islanders in Stanley Cup semifinals~~

Fabio, who has jetted in from Italy and is now undergoing a period of self ... respects our key points that we have in our minds," said the incoming Managing Director, Football. "Our key points for ...

~~Fabio: "We needed a coach who respects our key points"~~

I pride myself on self-discipline and work ethic ... 7:30 a.m.: I have a light breakfast and spend time with my wife 7:30 to 9 a.m.: I connect with people 9 a.m.: I have a quick snack 9 to ...

~~Adam Contos, the Denver-based CEO of real-estate giant Remax, swears by this 4:30 a.m. to 9 p.m. schedule~~

Widely praised for its seamless pacing, technological mastery and thematic discipline — not to mention ... And now, some of its key operatives are seeking another endorsement: not from their ...

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